

# Time Out!

Taking a time out to share in the sometimes calm, sometimes rough and sometimes downright hilarious moments of parenting

A ministry of Messiah Lutheran Church @ Eagle Creek

## On My Heart...

May 2010  
Volume 1, Issue 2

Wow! Where did the last two months go? I know that sounds like 99% of the Christmas newsletters you received this year – but seriously, can this year move any faster? I cannot believe that this week is the last week of preschool. In the last newsletter I asked if our winter could be any longer and now, just two quick months later, the warm weather and summer activities are upon us.

All this talk of time and seasons moving quickly makes me stop and ponder just how quickly our toddlers are growing up. Just the other day, a precious gray haired stranger chuckled as she watched me wrestle one child into a cart while I explained to the other that we were in the store to buy paint for the kitchen (after all it was a home improvement store) and not there to purchase their completely overpriced children's books that happen to be strategically placed at the front of the store.

Then my gray haired messenger of God convincingly said with a sparkle in her eyes, "Enjoy these moments now Mom! They will go by way too quick, and before you blink, those little ones will have families of their own."

Messages like that often remind me to take in the moments of my kids lives that so quickly pass.

Just days after God sent his little gray haired messenger into my life, I asked Benjamin to stop rubbing an orange section I had given him for a snack into his shirt. "It will stain your shirt and be a sticky mess", I told him.

"But Mommy, it has to get into my heart," he very seriously exclaimed.

His answer caught me off guard, so I asked him why he was trying to get the orange into heart. "Because Jesus is hungry and He wants some of my orange!"

As summer quickly rushes in, I hope you take time out of the craziness of life to make some memories that last a lifetime.

Go camping in your own backyard. Spread a blanket out on the grass and look up at the stars. Cook hotdogs over a bon fire. Stroll through the zoo and meet some new friends (side note: the giraffe and elephants get prayed for regularly at our house). Take off your shoes and run through a sprinkler. Go to a farmer's market and pick out the veggies for dinner.

This summer I am choosing to be intentional about taking time to enjoy my greatest gifts.

And I'm pretty sure I too will one day be a gray haired messenger, encouraging a frazzled mom of toddlers to treasure these days of her life because yes, they do indeed rush by in the blink of an eye.

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### Inside this issue:

Special Invitation	2
Family Time	3
Me Time	3
Our Time	4
Contact Us	4

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# Summer at Messiah Can Mean Only One Thing....

## Summer Bible Camp!

If you haven't been around Messiah during the summer, you may not know about one of the coolest, one of the most dynamic, one of the most well organized summer family programs around.

This year we will be sailing the high seas for a week of adventure, fun, crafts and discovering what it means to

explore the deep rolling waters of God's Word.

Join us each night – yes, night so the entire family can join in on the fun - [Sunday June 13 – Thursday June 18<sup>th</sup>](#).

You don't even have to worry about trying to feed your family dinner! We have that covered too! Join us each night from 5 to 6 for a delicious dinner cooked by Messiah's own chefs. (Freewill donations are

accepted, but not needed to cover your dinner cost.)

The praise team will get things rocking at 6 sharp as we set sail each evening. There is something for everyone, children and adults alike. If you have very small children (under 2 years) we have a completely staffed nursery for your convenience.

Parents of children aged two and three are encouraged to participate with their children – a great time of learning, sharing and bonding all centered around God's Love and His Word.

We can't wait to see you there! Bring a friend or two and expect a memorable time!

To register, go to [www.messiah-indy.org](http://www.messiah-indy.org), or call the church office at 317-858-3733



Summer Bible Camp

June 13 – 18<sup>th</sup>

Captain's Dinner 5pm in the Galley

Set sail at 6 pm sharp for a time of fun fellowship, adventure in God's Word and discovering the depth of God's Love!

## Summer Fun with Toddlers and Preschoolers

With summer just around the corner, I keep hearing moms with children of all ages talking about the same topic – what to do to keep their kids busy and happy this summer in order to avoid the dreaded *summer boredom*.

Maybe it's my little one's age or maybe it is just simply trying to keep up with their endless supply of energy, but this year I have already started thinking about what to do to keep my little guys from being b-o-r-e-d. This is a short list I have compiled from websites and other moms.

- **Pick your own veggies.** I am convinced that kids will be more likely eat what they pick out or help you cook. At least that's how it works in our house. In order to get the freshest, most reasonably priced, and not to mention most educational vegetables – check out the local farmers markets. Work the markets into your weekly shopping trips and treat it like a field trip. I have found when it's treated like a special trip, the kids are so much more excited than they are if we are once again going into Kroger. You can check out all the farmers markets in the state at <http://www.in.gov/isda/files/09AgDirectoryrevised.pdf>
- **Local Libraries!** One of the best gifts to our communities is Lunch Bunches at the local libraries. Kids get to hear a story, sometimes do a physical activity or a craft that relates to the story, eat a box lunch and get a free

book! You can check out all the Lunch Bunch programs offered in Hendricks County at <http://www.kidsummerlunchbunch.org/>

- **Let's Meet in the Park** WFYI is hosting a day of FREE family fun at Military Park in Downtown Indianapolis Saturday June 12<sup>th</sup> from 10am – 4pm. Totally geared towards preschoolers, this one of a kind family fun day brings kids face to face with their favorite PBS Kids characters, live non-stop kid's entertainment on 3 stages and tons of FREE activities under tents! Curious George, Elmo, Clifford, Sid the Science Kid plus 10 more characters are scheduled to appear! For more information go to [www.wfyi.org](http://www.wfyi.org)
- **Camping in your own backyard.** A friend of mine does this all the time with her family. They cook hotdogs and s'mores over a fire and put up a tent to sleep in. The kids love it and mom is happier because the next morning she can shower and do her hair *in her own bathroom* just a few feet away.
- **Mommy helper.** A couple weeks ago a girlfriend was sharing with me a dilemma she was facing. She has two precious tween girls aged 11 and 13. She works an hour away as a physical therapist and was not comfortable leaving her girls home alone all day this summer, yet the

girls were too old for a "babysitter". My wheels started spinning and I thought. Hmm...this could work out. I offered to "watch" her girls this summer yet have them entertain my preschoolers. My girlfriend doesn't have to pay for a sitter this summer and her girls will entertain my kids in the back yard while I clean the house, do laundry and get some writing done. A win-win for both of us and the girls are so excited to play with Benjamin and Katie and Benjamin and Katie will be thrilled to have someone other than Mommy to play with. It gives them babysitting experience with the security of me being at home with them.





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Church at Eagle Creek-LCMS

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*Connecting people to Jesus and  
His Love*

### You Are Welcome at Messiah!

Our worship style is contemporary  
and casual

We offer a Children's Worship  
Service!

Every Sunday

9am

*Ancient Truth with a Modern Sound*

Join us on the web at  
[www.messiah-indy.org](http://www.messiah-indy.org)

# End of Summer Refreshment for Mommy

## Women of Faith Conference Conseco Fieldhouse; Indianapolis, IN August 20-21, 2010

**God is not stingy.** He does not weigh out his love for us grain by grain; he doesn't squeeze out forgiveness one tiny drop at a time. Not our God--he pours out mercy in a flood.

**He loves us more than we know.** He gives us more than we can ask or dream. He's unrestrained... excessive... outrageous... *Over the Top!*

**Get away with your girlfriends for a spiritually refreshing Women of Faith weekend.** Laugh. Cry. Relax. Catch a glimpse of God's wildly passionate love for you. It will take your breath away.

**Tickets are \$89 for the entire weekend. (Includes a box lunch both days.)**

Friday: 10am - 3:30 pm; 7 pm - 9:30 pm

Saturday: 9am - 4:00 pm

Sign up online at <http://gps.womenoffaith.com/>.

- On this page, near the bottom, click on **FIND A GROUP**
- Enter our group name (**Messiah/New Hope**) and SEARCH
- At the bottom of the page click on our group name (underlined in blue)
- Click on JOIN GROUP on the right

***Anyone who signs up by May 30<sup>th</sup>  
will be entered in a drawing for a FREE ticket for yourself or  
a friend!***

(1 winner each at New Hope and Messiah).

The last day to reserve your spot is June 6th.

If you have any questions, please contact MaryAnn Abramson at [dmabramson@indy.rr.com](mailto:dmabramson@indy.rr.com) or 317-966-7404.

It has been my privilege to spend a few minutes with you. It is my hope that *Time Out!* has been a welcome addition to your busy day. We strive to make Messiah a welcoming, friendly and safe place for all who enter our doors.

If you have a need of any type or have any suggestions to make *Time Out!* a better resource, please don't hesitate to contact myself or Pastor Rick Meyer.

You may contact O'Nealya via email at [onealya@sbcglobal.net](mailto:onealya@sbcglobal.net) or Pastor Rick at the church office by calling 317-858-3733 or via email at [mt317@sbcglobal.net](mailto:mt317@sbcglobal.net).

It is our sincere pleasure and an honor to serve you!

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